#### 1<sup>st</sup> May 2020 – NEWS AND EVENTS IN NORTH WEST EDINBURGH

#### LATEST UPDATES ON CITY OF EDINBURGH COUNCIL WEBSITE

Please check here to view regular updates from City of Edinburgh Council.

#### Latest updates include:

- Support for young people at home
- Safe walking and cycling measures introduced
- Hardship Fund set up for newly self-employed
- Garden waste collections to resume from 11 May

#### **EDINBURGH HEALTH & SOCIAL CARE PARTNERSHIP – THRIVE NEWSLETTER**

"Still here in a different way".

This issue is focusing on some of the creative and amazing work organisations across Edinburgh are doing to continue to support and connect with people. There are some great examples of partnership working and imaginative approaches which hopefully people are connecting with.

Read weekly briefing 3

#### SCOTTISH GOVERNMENT - Support for Edinburgh's Vulnerable People

A new national helpline has been set up to provide essential assistance to those who don't have a network of support but who are at high risk of contracting COVID-19. The service offers help to those who do not have family or existing community support and cannot get online and who are over 70, disabled, require the support of mental health services, are pregnant or receive a flu jab for health reasons. This service is in addition to localised support already available for people who have received letters advising them to shield themselves.

However, any of those in the shielding category who are not yet receiving assistance, who do not have family and cannot get online can access support via this new helpline.

Anyone not in these categories but still looking for support should visit readyscotland.org

The helpline – 0800 111 4000 – will initially operate during core working hours of 09:00 to 17:00 while plans are developed and implemented to extend it to operate for a longer period each day.

Callers will be automatically connected to their local authority who will support them to access the service they need, such as:

- essential food and medication
- links to local social work services for vulnerable children or adults
- emotional support
- contact with local volunteer groups.

**If you need support, please call 0131 200 2306** or the national 0800 111 4000, or you can

email: edinburghvulnerable@edinburgh.gov

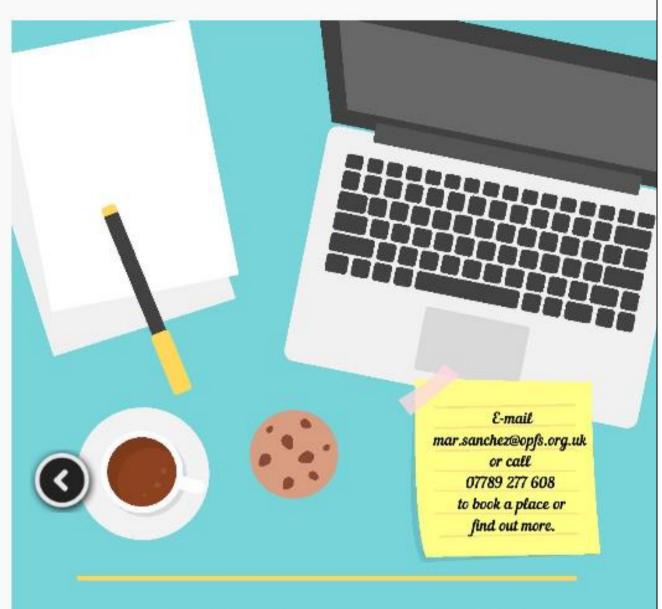
Those in the areas listed below in North Edinburgh can also still call the number below.

### **COVID-19 Foodshare Group**

# Support and Help available in North Edinburgh

Muirhouse | Salvesen | Pilton Granton | Drylaw | Telford





# EMPLOYABILITY AND DIGITAL SKILLS WEBINARS

For single parents living in Edinburgh



#### **EMPLOYABILITYPROGRAM**

06/05/20 10 AM

#### GETTING INTO WORK

- · Your skills and aspirations
- · Paths into work
- The Job Market
- Types of work



13/05/20 10 AM

# WRITE WINNING CVS AND COVER LETTERS

- Structure, content and format of CVs and cover letters
- How to 'market-yourself'
- Adapting CVs and cover letters to different jobs



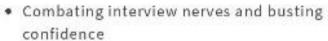
# ONLINE JOB SEARCHING AND JOB APPLICATIONS

- How to do a focused job search
- · Relevant job sites
- · Signing up and uploading your CVs
- Application forms (online and other)



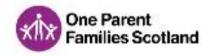
27/05/20 10 AM

#### PREPARING FOR JOB INTERVIEWS



- · Answer interview questions successfully
- The STAR model to answer competency based questions
- The importance of positive body language





#### DIGITAL SKILLS PROGRAM

# 07/05/20 FINDING INFORMATION AND ACCESSING SERVICES 10 AM ONLINE

- Public services and information: UK and Scottish government, City of Edinburgh Council, NHS
- Communicating and Socialising online safely
- · Enjoy leisure legally
- · Online shopping and other services

#### 14/05/20 MANAGING YOUR FINANCES ONLINE

- Calculating benefits online
   Budgeting
  - Online banking
  - · Saving money online



#### 21/05/20 10 AM

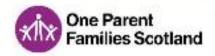
10 AM

# INTRODUCTION TO MICROSOFT OFFICE: WORD AND EXCEL

- Office packages on and offline
- · Purposes of Word and Excel
- Creating and saving documents
- Word: Formatting text, adding images, tables, footers and headers
- Excel: Creating spreadsheet, inputting information, formatting tables and simple formulas

# 28/05/20 INTRODUCTION TO MICROSOFT OFFICE: OUTLOOK 10 AM AND POWERPOINT

- · Purpose of Outlook and PowerPoint
- Outlook: writing and sending e-mails to one or several contacts (CC, BCC), attaching documents, flagging and tagging e-mails, creating signatures.
- PowerPoint: creating a presentation, using layouts and themes, adding transitions and animations.





DEAR NEIGHBOUR.

# We Can Help

#### **ARE YOU**

A SELF-ISOLATING

ELDERLY PERSON OR HAVE UNDERLYING HEALTH CONDITIONS?

www.ukcommunitynetwork.com Tel. 01316081150

- We can do shop errands for food and essentials for you
- If you live alone and feel lonely, we can give you a call to check how you are doing

Sign up on the website or email ukcommunitynetwork@gmail.com

#### HEALTHCARE IMPROVEMENT SCOTLAND

A video resource has been produced by HIS to help the public understand why their GP practice may be phoning them to discuss aspects of anticipatory care planning. The 3 minute video explains what anticipatory care planning is, and why it is important.

http://www.healthcareimprovementscotland.org/our work/coronavirus covid-19/care planning conversations.aspx

#### KIRKLISTON COMMUNITY COUNCIL

For many years on Christmas Eve the Community Council have toured the village with Santa's Sleigh, bringing joy to the children and parents. There is a "no obligation" donation bucket, and all the money raised is then donated to a local charity. Last year's charity was Queensferry Church Care in the Community (QCCC), who, on a daily basis, help the elderly and infirm from local communities at their base in South Que ensferry. The sum raised this Christmas was £850, which was presented to Ms C Findlay, fundraiser at QCCC, at our January meeting. QCCC are wishing to expand their operation by building a care home for short term respite care and this donation will help towards the million pounds required to start the project.



#### **NORTH EDINBURGH ARTS**



It is hard to believe that we are going into week 7 of the new now. We've got past the first challenge of what to do with a public building used to welcoming hundreds of people a day; the studios and stages are laden with food for delivery, and the café team producing 1,200 meals each week sustaining many

of our isolating and vulnerable neighbours.

Hearty thanks to all the people and organisations involved in making that happen! It has been humbling to see so much good will in action. But as important to us as the essentials, as the weeks pass by, is keeping our community connected and creatively interacting whilst we are safe at home. Our role, now, is to make sure the required physical distancing doesn't lead to a social distancing, which could be so damaging in the days to come

I have witnessed with pride the way in which the NEA Artists have responded with ingenuity, enthusiasm and energy, setting up empathetic ways of working as we navigate this collective but uniquely personal landscape. Online chat, webinars, and bespoke craft material deliveries have all played a part in keeping us together in our virtual world, temporary as we hope it will be.

Kate Wimpress, NEA Director

Please read more about what's going on right now at North Edinburgh Arts:

- Click and Collect assistance for local residents
- Creative Kits available now
- Art for All
- Create at Home (0 5 years)
- Cut-and-Come-Again Lettuce Project
- **Downloadable Colouring Page**

#### **SCREEN EDUCATION**

Your Take is Screen Education Edinburgh's new free online filmmaking course, suitable for young people (up to the age of 18) as well as family members, guardians, and anyone else that young people share their home with (in Edinburgh and the Lothians). Your Take is also a great resource for teachers and their pupils working remotely, with all of our online materials curriculum linked, and devised in line with the British Film

Institute's Film Education Framework, Curriculum for Excellence, and GTCS plans and priorities.

No matter your level of experience, Your Take develops your filmmaking skills and helps you produce a short film.

It's free and easy to register and you will gain access to our secure, private portal which houses a number of different online resources, including learning materials and training films covering all of the key aspects of filmmaking, such as storytelling, camera, film literacy, sound operation,



and video editing. You will also benefit from support from our film delivery team through Q&As, video events, and scheduled feedback sessions.

All submitted films will be showcased on the Screen Education Edinburgh website. The Your Take Youth Advisory Panel will select films of note to be placed in our Special Mentions category.

Our Primary level course launches **Thursday 7**<sup>th</sup> **May** Our Secondary level course launches **Thursday 14**<sup>th</sup> **May** ...**and registration for both is open now!** 

Registration is quick and easy and can be done on our website <a href="here">here</a>. For any enquiries please contact <a href="laura@screen-ed.org">laura@screen-ed.org</a> (Project Coordinator)

Your Take is delivered by Screen Education Edinburgh as part of the Edinburgh City Film Education Programme, in partnership with Into Film, Centre for the Moving Image and Arts and Creative Learning at City of Edinburgh Council, with funding from Screen Scotland.

#### THE SAFE AND TOGETHER INSTITUTE

The Safe & Together Institute is committed to doubling its efforts during this time to provide critical and useful information and virtual options for training and support.

**NEW! Download for free our groundbreaking Friends and Family Guide Ally Guide.** If you know someone who is being abused or suspect a loved one is being abused - this guide is for you. It gives you the words to say, the actions to take and how to help the most. It's also useful for practitioners who are working with families. During this time of pandemic and social isolation, family,



friends and communities have an even more important role to play in helping their loved ones who are survivors.

#### **PEOPLE KNOW HOW**

#### **Distance Befriending for Adults**

Distance Befriending supports adults across Edinburgh over the phone or via video calling. From chatting about hobbies and interests to sharing advice on accessing resources, befrienders are there to listen, talk, and understand, offering a friendly ear to someone who may feel isolated.

www.peopleknowhow.org/reconnect

#### Online Befriending and Group Support for Children & Young People

One-to-one Online Befriending provides a safe, supportive online environment where young people and their befrienders can talk, play games, learn, and share stories. Group Support uses online group activities to help guide children and young people through this time of uncertainty. Priority is being given to P7 pupils. This is available in North East Edinburgh and East Lothian.

www.peopleknowhow.org/positive-transitions-service

#### **Computer Delivery Service**

People Know How are providing computers to those who need help staying connected in Edinburgh and East Lothian! For members of the community who are self-isolating, home-schooling, on low income or would benefit for any other reason, contact us or make a referral today! We'll deliver the computer to your doorstep, and have volunteers ready to offer phone support in setting up and connecting to the internet. This is all a free service, with no charges for any part.

contactus@peopleknowhow.org











525 Ferry Road Edinburgh, EH5 2FF

www.peopleknowhow.org

0131 569 0525

Registered charity no. SC043871

#### **ACTION ON HEARING LOSS SCOTLAND**

#### **Hearing Forces Service**

Action on Hearing Loss Scotland is continuing to support older veterans, over the age of 65 years, with hearing loss and tinnitus in throughout the ongoing Coronavirus situation. Our Hearing Forces service is currently unable to carry out a face-to-face service the team are working to ensure that older veterans get practical support and information relating to hearing loss.

We are offering a postal hearing aid battery service for NHS hearing aid users, giving information on assistive equipment to assist in preventing loneliness and isolation and liaising with NHS Audiology on behalf of service users.

To contact the Hearing Forces team

Email: Hearing.Forces@hearingloss.org.uk Mobile: 07464 828452

#### **Welfare Benefits and Advice Service**

As a result of the ongoing situation with COVID-19, Action on Hearing Loss Welfare Benefits and Advice Service face to face appointments are currently suspended but the Welfare Advice Officer will however continue to support service users by phone, text or email.

As a **temporary** measure in response to the Coronavirus outbreak this service will now be available Scotland wide to anyone suffering from hearing loss or tinnitus and their family/carers.

If you require assistance with or advice on Welfare Benefits please see below for contact details.

Email: Jayne.armour@hearingloss.org.uk Mobile: 07741164096

National Helpline number - 0808 808 0123 or textphone 0808 808 9000, available Mon -Fri 9 am to 5pm.

#### **FUNDING**

#### **STP Funding Finder April 2020**

Welcome to Scotland's Towns Partnership's Funding Finder for April 2020. You will see that we have added a category entitled COVID-19 funding.

COVID-19 Regeneration Environment Energy

Healthy Towns
Culture and Arts

**Employment and Training** 

**Innovation and Growth** 

**Community Funding** 



Within each theme you will find the **name of the fund** along with the **amount available** and **application deadline date**. Those funds highlighted in RED have a deadline approaching, those highlighted in GREEN are new additions.

If you would like to bring a fund to our attention that is not included in this document, or have any queries, please <u>contact us here</u>.

#### YOUTH SCOTI AND

Funding opportunity for youth groups in Edinburgh and the Lothians

We are delighted to announce that The <u>Ponton House Trust</u> have generously agreed to offer further support to community youth groups operating in Edinburgh and the Lothians through the **Youth Scotland Action Fund**. This means that we are able to reopen applications to support groups in the area during the Covid-19 pandemic.

This round of funding is open to volunteer run constituted youth groups who:

- Are based in, and working in local communities within Edinburgh or the Lothians
- Have an annual turnover less than £200,000
- Are universal access for all young people aged between 8 to 25 years old
- Will continue to provide support for young people (within government and NHS guidelines) throughout this period of social distancing
- Plan to spend the grant within 6 weeks of receiving it
- Are applying for up to £500. No match funding is required
- Can provide a bank statement in the name of their youth group into which the funds can be paid
- Priority will be given to Youth Scotland/LAYC member groups. Other youth groups who meet the criteria, but who are not Uniformed Organisations can apply, providing they have appropriate quality operating, governance and safeguarding arrangements in place. See Terms and Conditions.

#### Read the full details and apply here

Please email me at <a href="mailto:elennon@edinburgh.gov.uk">elennon@edinburgh.gov.uk</a> if you have any community news to share. Preferred format is a jpeg or word document if possible. We will only use any data to provide you with updates associated with the North West Locality and your data will not be shared. This is in line with the City of Edinburgh Council's Privacy Notice. You can opt out at any time by using this link to unsubscribe. If you unsubscribe, we will not retain any contact details you have provided.